

**Tab 1 The results of reporting quality assessment (n=312)**

PRISMA Items	Yes		Partial		No		
	n(%)	95%CI	n(%)	95%CI	n(%)	95%CI	
<b>Title</b>	<b>1.Title</b>	257(0.824)	0.777-0.862	0	-	55(0.176)	0.138-0.223
<b>Abstract</b>	<b>2.Structured summary</b>	70(0.224)	0.181-0.274	228(0.731)	0.679-0.777	14(0.045)	0.027-0.074
<b>Introduction</b>	<b>3.Rational</b>	280(0.897)	0.859-0.927	0	-	32(0.103)	0.071-0.141
	<b>4.Objective</b>	59(0.189)	0.149-0.236	247(0.792)	0.743-0.833	6(0.019)	0.009-0.042
<b>Methods</b>	<b>5.Protocol and registration</b>	8(0.026)	0.013-0.05	0	-	304(0.974)	0.95-0.987
	<b>6.Eligibility criteria</b>	275(0.881)	0.841-0.913	19(0.061)	0.039-0.093	16(0.051)	0.032-0.082
	<b>7.Information sources</b>	274(0.878)	0.837-0.91	0	-	38(0.122)	0.09-0.163
	<b>8.Search</b>	120(0.385)	0.332-0.44	129(0.413)	0.36-0.469	63(0.202)	0.161-0.25
	<b>9.Study selection</b>	134(0.429)	0.376-0.485	62(0.199)	0.158-0.247	116(0.372)	0.32-0.427
	<b>10.Data collection process</b>	193(0.619)	0.563-0.671	40(0.128)	0.095-0.17	79(0.253)	0.208-0.304
	<b>11.Data items</b>	148(0.474)	0.419-0.53	51(0.163)	0.126-0.209	113(0.362)	0.311-0.417
	<b>12.Risk of bias in individual studies</b>	204(0.654)	0.599-0.705	13(0.042)	0.024-0.07	95(0.304)	0.256-0.358
	<b>13.Summary measures</b>	232(0.744)	0.692-0.789	0	-	80(0.256)	0.211-0.308
	<b>14.Synthesis of results</b>	266(0.853)	0.809-0.888	28(0.09)	0.063-0.127	18(0.058)	0.037-0.09
<b>Results</b>	<b>15.Risk of bias across studies</b>	82(0.263)	0.217-0.314	4(0.013)	0.005-0.034	226(0.724)	0.672-0.771
	<b>16.Additional analyses</b>	122(0.391)	0.338-0.446	8(0.026)	0.013-0.05	185(0.593)	0.538-0.646
	<b>17.Study selection</b>	141(0.452)	0.398-0.508	82(0.263)	0.217-0.314	89(0.285)	0.238-0.338
	<b>18.Study characteristics</b>	246(0.788)	0.74-0.83	20(0.064)	0.042-0.097	46(0.147)	0.112-0.191
	<b>19.Risk of bias with studies</b>	201(0.644)	0.59-0.695	12(0.038)	0.022-0.066	99(0.317)	0.268-0.371
	<b>20.Results of individual studies</b>	251(0.804)	0.757-0.845	23(0.074)	0.049-0.108	38(0.122)	0.09-0.163
	<b>21.Synthesis of results</b>	235(0.753)	0.702-0.798	30(0.096)	0.068-0.134	47(0.151)	0.115-0.195
	<b>22.Risk of bias across studies</b>	98(0.314)	0.265-0.368	3(0.01)	0.003-0.029	211(0.676)	0.622-0.726
	<b>23.Additional analyses</b>	131(0.42)	0.366-0.475	7(0.022)	0.011-0.046	174(0.558)	0.502-0.612
	<b>24.Summary of evidence</b>	267(0.856)	0.812-0.891	37(0.119)	0.087-0.159	8(0.026)	0.013-0.05
<b>Discussion</b>	<b>25.Limitations</b>	212(0.679)	0.626-0.729	40(0.128)	0.095-0.17	60(0.192)	0.152-0.24
	<b>26.Conclusions</b>	155(0.497)	0.442-0.552	107(0.343)	0.292-0.297	50(0.16)	0.124-0.205
<b>Funding</b>	<b>27.Funding</b>	90(0.288)	0.241-0.341	0	-	222(0.712)	0.659-0.759
<b>Total score</b>	<b>Scope</b>			4~26			
	$\bar{X} \pm SD$			17.14±4.18			