

Table 2. The revised STRICTA checklist for Korean RCTs of acupuncture

Item	Checklist	N(%) ^a
1. Acupuncture rationale		
1a	Style of acupuncture (e.g. Traditional Chinese Medicine, Japanese, Korean, Western medical, Five Element, ear acupuncture, etc)	56/103 (55.3%)
1b	Reasoning for treatment provided, based on historical context, literature sources, and/or consensus methods, with references where appropriate	48/103 (47.6%)
1c	Extent to which treatment was varied	99/103 (97.1%)
2. Needling details		
2a	Number of needle insertions per subject per session (mean and range where relevant)	63/102 (62.7%)
2b1	Names (or location if no standard name) of points used	95/102 (94.1%)
2b2	(uni/bilateral)	62/102 (60.8%)
2c	Depth of insertion, based on a specified unit of measurement, or on a particular tissue level	62/103(61.2%)
2d	Response sought (e.g. <i>de qi</i> or muscle twitch response)	33/103 (32.0%)
2e1	Needle stimulation: manual – details reported?	47/83(56.6%)
2e2	Needle stimulation: electrical: frequency, current, voltage reported? [only for electroacupuncture]	10/14 (71.4%)
2e3	Needle stimulation - siling technique [only for pharmacopuncture]	3/37 (8.1%)
2e4	Herbs, dosage [only for pharmacopuncture]	36/37 (97.3%)
2f	Needle retention time	75/84 (89.3%)
2g	Needle type (diameter, length, and manufacturer or material)	82/101 (81.2%)
3. Treatment regimen		
3a	Number of treatment sessions	79/103 (77.7%)
3b	Frequency and duration of treatment sessions	90/103 (88.3%)
4. Treatment context		
4a	Details of other interventions administered to the acupuncture group (e.g. moxibustion, cupping, herbs, exercises, lifestyle advice)	46/103 (44.7%)
4b	Setting and context of treatment, including instructions to practitioners, and information and explanations to patients	14/103 (13.6%)
5. Practitioner background		
5	Description of participating acupuncturists (qualification or professional affiliation, years in acupuncture practice, other relevant experience)	21/103 (21.4%)
6. Control intervention [Non-acupuncture control only]		
6a	Rationale for the control or comparator in the context of the research question, with sources that justify this choice	29/92 (31.5%)
6b	Precise description of the control or comparator	8/10 (80.0%)
7. Acupuncture rationale [Acupuncture control only]		
7a	Style of acupuncture (e.g. Traditional Chinese Medicine, Japanese, Korean, Western medical, Five Element, ear acupuncture, etc)	56/93 (60.2%)
7b	Reasoning for treatment provided, based on historical context, literature sources, and/or consensus methods, with references where appropriate	33/93 (35.5%)
7c	Extent to which treatment was varied	90/93 (96.8%)
8. Needling details [Acupuncture control only]		
8a	Number of needle insertions per subject per session (mean and range where relevant)	60/93 (64.5%)
8b1	Names (or location if no standard name) of points used	86/93 (92.5%)
8b2	(uni/bilateral)	57/93 (61.3%)
8c	Depth of insertion, based on a specified unit of measurement, or on a particular tissue level	59/93 (63.4%)
8d	Response sought (e.g. <i>de qi</i> or muscle twitch response)	23/93 (24.7%)
8e1	Needle stimulation: manual – details reported?	35/80 (43.8%)
8e2	Needle stimulation: electrical: frequency, current, voltage reported? [only for electroacupuncture]	7/11 (63.6%)
8e3	Needle stimulation - siling technique [only for pharmacopuncture]	1/24 (4.2%)
8e4	Herbs, dosage [only for pharmacopuncture]	24/24 (100.0%)
8f	Needle retention time	72/79 (91.1%)
8g	Needle type (diameter, length, and manufacturer or material)	79/92 (85.9%)
9. Treatment regimen [Acupuncture control only]		
9a	Number of treatment sessions	69/93 (74.2%)
9b	Frequency and duration of treatment sessions	77/93 (82.8%)

^aValues are presented as number of reported RCTs divided by total number of eligible RCTs that is assessable to the each item and percentage.